

 <b>This is only a summary.</b> If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="http://www.myshlonline.com">www.myshlonline.com</a> or by calling (702) 242-7700 or 1-800-888-2264.	
Important Questions	Answers
What is the overall <u>deductible</u> ?	<b>\$3,000</b> /Insured and <b>\$6,000</b> /Family for <b>Plan Providers</b> and <b>\$6,000</b> /Insured and <b>\$12,000</b> /Family for <b>Non-Plan Providers</b> . The family deductible is a cumulative total for all insureds within an enrolled family. Does not apply to preventive care from <b>Plan Providers</b> .
Are there other <u>deductibles</u> for specific services?	No. There are no other specific <b>deductibles</b> .
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes, <b>\$3,000</b> /Insured and <b>\$6,000</b> /Family when using <b>Plan Providers</b> and <b>\$6,000</b> /Insured and <b>\$12,000</b> /Family when using <b>Non-Plan Providers</b> per Calendar Year.
What is not included in the <u>out-of-pocket limit</u> ?	Premium, balance-billed charges, penalties for failure to obtain prior authorization for services and health care this plan doesn't cover.
Is there an overall annual limit on what the plan pays?	No.
Does this plan use a <u>network of providers</u> ?	Yes. For a list of <b>Plan Providers</b> , see <a href="http://www.myshlonline.com">www.myshlonline.com</a> or call 702-242-7700 or 1-800-888-2264.
Do I need a referral to see a <u>specialist</u> ?	No.
	<p>You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b>.</p> <p>You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.</p> <p>The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.</p> <p>Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b>.</p> <p>The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.</p> <p>If you use an in-network doctor or other health care <b>provider</b>, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b>, or participating for <b>providers</b> in their <b>network</b>. See the chart starting on page 2 for how this plan pays different kind of <b>providers</b>.</p> <p>You can see the <b>specialist</b> you choose without permission from this plan.</p>



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **Plan Providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Plan Provider	Your Cost If You Use a Non-Plan Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$0 copay/visit, after ded	30% co-ins, after ded	None
	Specialist visit	\$0 copay/visit, after ded	30% co-ins, after ded	Manual manipulation (Chiropractic) coverage is limited to 20 visits. Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Other practitioner office visit	\$0 copay/visit, after ded	30% co-ins, after ded	Deductible applies when services are obtained from Non-Plan Providers.
If you have a test	Preventive care/ screening/ immunization	\$0 copay/visit	30% co-ins, after ded	Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Diagnostic test (x-ray, blood work)	\$0 copay/service, after ded	30% co-ins, after ded	
If you need drugs to treat your illness or condition	Imaging (CT/PET scans, MRIs)	\$0 copay/service, after ded	30% co-ins, after ded	
	Tier 1	0% co-ins (retail), after ded 0% co-ins (mail), after ded	30% co-ins, after ded	Covers up to a 30-day retail supply or up to a 90-day mail order supply. Insured pays for 50% benefit reduction if prior authorization or step therapy is not obtained.

Common Medical Event	Services You May Need	Your Cost if You Use a Plan Provider	Your Cost if You Use a Non-Plan Provider	Limitations & Exceptions
<p>More information about <b>prescription drug coverage</b> is available at <a href="http://www.myshlonline.com">www.myshlonline.com</a>.</p>	<p>Tier 2</p> <p>Tier 3</p> <p>Tier 4</p>	<p>0% co-ins (retail), after ded 0% co-ins (mail), after ded</p> <p>0% co-ins (retail), after ded 0% co-ins (mail), after ded</p> <p>0% co-ins (retail), after ded 0% co-ins (mail), after ded</p>	<p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p>	<p>Covers up to a 30-day retail supply or up to a 90-day mail order supply. Insured pays for 50% benefit reduction if prior authorization or step therapy is not obtained.</p> <p>Covers up to a 30-day retail supply. Insured pays for 50% benefit reduction if prior authorization or step therapy is not obtained.</p>
<p><b>If you have outpatient surgery</b></p>	<p>Facility fee (e.g., ambulatory surgery center)</p> <p>Physician/surgeon fees</p>	<p>\$0 copay/admit, after ded</p> <p>\$0 copay/surgery, after ded</p>	<p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p>	<p>Insured pays for 50% benefit reduction if prior authorization is not obtained.</p>
<p><b>If you need immediate medical attention</b></p>	<p>Emergency room services</p> <p>Emergency medical transportation</p> <p>Urgent care</p>	<p>\$0 copay/visit, after ded</p> <p>\$0 copay/trip, after ded</p> <p>\$0 copay/visit, after ded</p>	<p>\$0 copay/visit, after ded</p> <p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p>	<p>You may be balance billed from Non-Plan Providers.</p> <p>You may be balance billed from Non-Plan Providers.</p>
<p><b>If you have a hospital stay</b></p>	<p>Facility fee (e.g., hospital room)</p> <p>Physician/surgeon fee</p>	<p>\$0 copay/admit, after ded</p> <p>\$0 copay/surgery, after ded</p>	<p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p>	<p>Insured pays for 50% benefit reduction if prior authorization is not obtained.</p> <p>Insured pays for 50% benefit reduction if prior authorization is not obtained.</p>
<p><b>If you have mental health, behavioral health, or substance abuse needs</b></p>	<p>Mental/behavioral health outpatient services</p> <p>Mental/behavioral health inpatient services</p> <p>Substance abuse disorder outpatient services</p> <p>Substance abuse disorder inpatient services</p>	<p>\$0 copay/visit, after ded</p> <p>\$0 copay/admit, after ded</p> <p>\$0 copay/visit, after ded</p> <p>\$0 copay/admit, after ded</p>	<p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p> <p>30% co-ins, after ded</p>	<p>Insured pays for 50% benefit reduction if prior authorization is not obtained.</p> <p>Insured pays for 50% benefit reduction if prior authorization is not obtained.</p> <p>Insured pays for 50% benefit reduction if prior authorization is not obtained.</p>

Common Medical Event	Services You May Need	Your Cost if You Use a Plan Provider	Your Cost if You Use a Non-Plan Provider	Limitations & Exceptions
If you are pregnant  If you have a recovery or other special health need	Prenatal and postnatal care	\$0 copay/visit	30% co-ins, after ded	Routine prenatal care obtained from a Plan Provider is covered at no charge.
	Delivery and all inpatient services	\$0 copay/admit, after ded	30% co-ins, after ded	Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Home health care	\$0 copay/visit, after ded	30% co-ins, after ded	Coverage is limited to 60 visits. Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Rehabilitation services	\$0 copay/visit, after ded	30% co-ins, after ded	Coverage is limited to 120 visits. Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Habilitative services	\$0 copay/visit, after ded	30% co-ins, after ded	
	Skilled nursing care	\$0 copay/admit, after ded	30% co-ins, after ded	Coverage is limited to 100 days. Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Durable medical equipment	\$0 copay/device, after ded	30% co-ins, after ded	For purchase or rental at SHL's option. Purchases are limited to a single type of DME, including repair and replacement, every 3 years. Insured pays for 50% benefit reduction if prior authorization is not obtained.
	Hospice services	\$0 copay/admit, after ded	30% co-ins, after ded	Insured pays for 50% benefit reduction if prior authorization is not obtained.
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	Your Plan may include certain vision and/or dental services. Please refer to you Plan documents for more information.
	Glasses	Not Covered	Not Covered	
	Dental check-up	Not Covered	Not Covered	

## Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)
<ul style="list-style-type: none"><li>• Abortion (except for rape, incest, life at risk)</li><li>• Acupuncture</li><li>• Cosmetic surgery</li><li>• Dental care (Adult)</li><li>• Long-term care</li><li>• Non-emergency care when traveling outside the U.S.</li><li>• Routine eye care (Adult)</li><li>• Routine foot care</li><li>• Weight loss programs</li></ul>

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)
<ul style="list-style-type: none"><li>• Bariatric surgery</li><li>• Chiropractic care</li><li>• Hearing aids</li><li>• Limited infertility treatment</li><li>• Private-duty nursing</li></ul>

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at (702) 242-7700 or 1-800-888-2264. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you may contact your human resource department. If your employer determines that your plan is subject to ERISA, you may contact the Employee Benefits Security Administration at 1-866-444-3272 or <http://www.dol.gov/ebsa/healthreform>. Additionally, a consumer assistance program can help you file your appeal. Contact the Office of Consumer Health Assistance at 1-888-333-1597 or <http://dhhs.nv.gov>. A list of states with Consumer Assistance Programs is available at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) and <http://cciio.cms.gov/programs/consumer/capgrants/index.html>.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as minimum essential coverage. **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

## Language Access Services:

Spanish (Español): Para obtener asistencia en español, llame al número de teléfono de servicio al cliente que se incluye en este documento.

Tagalog (Tagalog): Para sa tulong sa Tagalog, tawagan ang numero ng serbisyo sa customer na kabilang sa dokumentong ito.

Chinese (中文): 若需要中文协助, 请拨打本文件内的客户服务电话。

Navajo (Dine): Dine k'ehji shich'i' hadoodzih ninizingo, koji' hodiinih dine yikah 'anidaalwoji ei binumber dii naaltsoos bikaa doo.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page-----

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers:** \$7,600
- **Plan pays** \$4,400
- **Patient pays** \$3,200

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$1,200
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$1,000
<b>Total</b>	<b>\$7,600</b>

#### Patient pays:

Deductibles	\$3,000
Copays	\$200
Coinsurance	\$0
Limits or Exclusions	\$0
<b>Total</b>	<b>\$3,200</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers:** \$5,400
- **Plan pays** \$2,200
- **Patient pays** \$3,200

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$3,000
Copays	\$200
Coinsurance	\$0
Limits or Exclusions	\$0
<b>Total</b>	<b>\$3,200</b>

## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.
- If other than individual coverage, the Patient Pays amount may be more.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Can I use Coverage Examples to compare plans?

✓ **Yes**. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Does the Coverage Example predict my own care needs?

✗ **No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

✗ **No**. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Are there other costs I should consider when comparing plans?

✓ **Yes**. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.